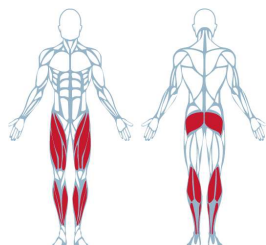


KEISER STRENGTH

A400 LEG PRESS HEAVY

Model 2532

LOWER BODY MACHINES



KEISER® ENGINEERING
HUMAN PERFORMANCE™

HEAVY ENOUGH?

The A400 Leg Press Heavy is designed to optimize lower body strength training with smooth, pneumatic resistance, allowing up to 700 lbs per leg. The higher foot plate increases hip flexion while decreasing knee flexion, maximizing glute activation at the start of the movement. By reducing knee flexion, it helps minimize shearing forces, preserving knee health. The separate foot plates enable you to train each leg independently, promoting balanced strength and mimicking natural movement patterns. Ideal for users of all fitness levels, the A400 Leg Press offers a safe, effective workout while tracking real-time performance metrics through Keiser's advanced technology.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

Visit [keiser.com](https://www.keiser.com) for more information.

FEATURES

- Offers unilateral movement – each limb can be trained symmetrically
- Increased resistance range for more intense functional workouts
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 48" / 1219 mm

WIDTH: 36" / 914 mm

DEPTH: 69" / 1753 mm

WEIGHT: 336 lbs / 152 kg

RESISTANCE:

0 - 750 lbs / 0 - 360 kg

CONTACT A SALES REP TODAY

+1 559 256-8000 | [keiser.com/contactus](https://www.keiser.com/contactus)