

KEISER CARDIO

M5i STRIDER

Model 5602



A GREAT STRIDE FORWARD

The M5i Strider is an Elliptical Trainer designed specifically for the Indoor Walking Classes that started in Europe and have now become one of the fastest rising trends in the fitness industry today. Combining the popularity of Elliptical Training with the success of group exercise, the M5i Striding Program is fun and effective fitness for everyone. The compact design of the M5i makes it a great alternative to the larger Ellipticals typically found in the cardio area of clubs, especially when space is a factor. Its elegant, compact, quiet design, and commercial quality will provide the home buyer a lifetime of exercise.

▶ Visit [keiser.com](https://www.keiser.com) to learn more.

FEATURES

- Magnetic resistance for a smooth and quiet workout
- Infinite incremental resistance changes
- Dual Placement Stationary Handles and Padded Moving Handlebars
- Transport wheels for ease of transport
- Adjustable Height
- Intuitive, simple to read console displaying Cadence, Power, Kcals, Heart Rate, Ride Time, Odometer, Trip Distance, and Gear, all on one screen
- Keiser Integrated Technology using Bluetooth connectivity to record and track progress using our M Series apps
- Robust adjustment knobs that require less maintenance than cam-locks
- Media Tray, Loose Items Tray, Water Bottle Holder, Stretch Pads

SPECIFICATIONS

HEIGHT: 66" / 1677 mm

WIDTH: 23" / 584 mm

DEPTH: 51" / 1296 mm

WEIGHT: 127 lbs / 58 kg

KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™

CONTACT A SALES REP TODAY

+1 559 256-8000 | [keiser.com/contactus](https://www.keiser.com/contactus)