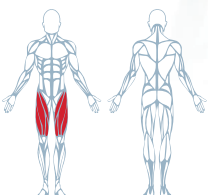


KEISER STRENGTH

A250 LEG EXTENSION

Models 1121 and 1122

LOWER BODY MACHINES



MAXIMIZE STABILITY AND MOBILITY

The perfect match to the A250 Leg Curl. The quadriceps are one of the most powerful muscle groups we have and are responsible for much of our stability and mobility. This Leg Extension features a seat that adjusts forward and back without changing its tilt, for maximum comfort during the exercise. It is also available with an optional adjustable range limiting device [Model 1122] that can set the starting and ending points in the range of motion.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



Visit [keiser.com](https://www.keiser.com) to learn more.

FEATURES

- Cost-effective way to provide strength training options
- Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- Thick base for added stability

SPECIFICATIONS

MODEL 1121

HEIGHT: 45" / 1143 mm
WIDTH: 44" / 1118 mm
LENGTH: 46" / 1169 mm
WEIGHT: 169 lbs / 77 kg
RESISTANCE RANGE:
0 - 246 lbs / 0 - 112 kg

MODEL 1122

HEIGHT: 45" / 1143 mm
WIDTH: 44" / 1118 mm
LENGTH: 46" / 1169 mm
WEIGHT: 208 lbs / 95 kg
RESISTANCE RANGE:
0 - 246 lbs / 0 - 112 kg

KEISER® | BECAUSE...
'GOOD ENOUGH' ISN'T.™

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